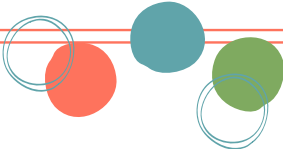
Three overlapping circles in teal, red, and green colors are positioned at the top center of the page, above the title.

When You Fast

But you, when you
fast, anoint your head
and wash your face,
so that you are not
seen by men to be
fasting, but by your
Father who is in
secret; and your
Father, who
sees in secret, will
reward you.

Matthew 6:17-18

Three overlapping circles in teal, red, and green colors are positioned at the bottom center of the page, below the scripture reference.

