

5-DAY
PRAYER PLAN

*Activating
Trust in God*



KELLY R. BAKER

Hi there, friend!

I'm so happy to see you joined us for the 5-Day Prayer Plan: Activating Trust in God. It might not seem like a game-changer, but it is.

You are opening your heart to grow more in the area of trusting God. The act of trusting God is a demonstration of living yielded to Him!

As you respond to trials with prayer, remember God's promise that His Word doesn't return to Him void. How does His Word return to Him? It happens when you pray His Word!

So is my word that goes out of my mouth: it will not return to me void, but it will accomplish that which I please, and it will prosper in the thing I sent it to do. Isaiah 55:11

This is your life. The fact that you're here tells me that **you're hungry to walk in victory**. Way to go!

This plan provides you with material to pivot in prayer. The wonderful thing about the verses included is that you can apply them to any situation. These simple exercises are not a magic formula, but they will help you make a practice of activating your trust in God. Then you'll thrive in His peace.

When you trust in God, you're depending on the strength of the One who is **able** to handle anything.

Let's do this!

Keep thriving,
Kelly



Day 1: Psalm 9:10

Those who know your name will put their trust in you,
for you, LORD, have not forsaken those who seek you.

Psalm 9:10

Write

Reflect

How do you think seeking God is related to trusting in Him?

Declare

I declare that I put my trust in God today! I will not worry. I will not allow fear to take a foothold. Instead, I will guard my heart against any bit of anxiety. God is with me and for me.
This is what I believe.

Pray

Thank You, Lord, for always being with me. I know Your name, which reflects Your character. You are faithful. I am Yours now and forever. I seek Your face today and choose to trust You with every part of my life.

Day 2: Psalm 28:7

The LORD is my strength and my shield. My heart has trusted in him, and I am helped. Therefore my heart greatly rejoices. With my song I will thank him.

Psalm 28:7

Write

Reflect

How do you think the act of trusting God will help your heart stay at peace?

Declare

I declare that my heart trusts in God today! I will not fret or be anxious because He is taking care of me. I can be at peace knowing that truth. This is what I believe.

Pray

Thank You, Lord, for holding my hand, walking by my side, and being my strength and shield. Help me continue to trust You. Help me sing a song of praise when a circumstance threatens to make me forget Your great love for me.

Day 3: Psalm 62:8

Trust in him at all times, you people.
Pour out your heart before him. God is a refuge for us.
Psalm 62:8

Write

Reflect

How do you think the act of trusting God in good times will help your heart in hard times?

Declare

I declare that my heart trusts in God in this moment and at all times! Worry has no right in my heart. I can run safe into the arms of my Rescuer whenever and wherever. This is what I believe.

Pray

Lord God, I pour out my heart to You right now and give You every concern. You see my life and every circumstance. Thank You for working on my life and in my life. Thank You for being my refuge.

Day 4: Psalm 112:7

He will not be afraid of evil news.
His heart is steadfast, trusting in the LORD.
Psalm 112:7

Write

Reflect

How do you think you can gain a *confident* trust in God?

Declare

I declare that I will not fear bad news. Instead, I fear the Lord. My confidence is in Him, not what the media or anyone else says. I will not be shaken. Instead, I stand on God's promises. This is what I believe.

Pray

Father, no matter what is happening with this world or in my life, I thank You that I can give all my concerns to You. Thank You for caring for me because You promised it in Your Word.

Day 5: Psalm 143:8

Cause me to hear your loving kindness in the morning, for I trust in you. Cause me to know the way in which I should walk, for I lift up my soul to you.

Psalm 143:8

Write

Reflect

How do you think beginning your day to consciously trust in God will help you the rest of the day?

Declare

I declare that I will look to my God first every day. He is the center of my life. He leads and guides me. I trust in Him, who has control over my life.
This is what I believe.

Pray

Lord, I lift up my soul to You today. Give me strength and peace. I ask for a greater revelation of Your love. Help me to continue to activate my trust in You because You are faithful. I praise You for that!

About the Author



Kelly R. Baker

Kelly R. Baker is a Bible study teacher, writer, mentor, and the founder of the Blogger Voices Network. She serves with her husband in leading the worship ministry at their church. You will probably find her sneaking a bite (or more) of organic dark chocolate in between wrangling her four homeschooled kids. She'd love to thrive in Christ together with you. She promises if you live yielded, you'll see the fruit.

Connect with her at <https://kellyrbaker.com>.

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